

# WHY OUR CAMP?

It's easy to see why divers come to the Terrapin Summer Dive Camps!

- State of the art facility allows for 1 & 3 meter diving
- Olympic-level, national-level, and NCAA D1-level coaches
- Technical training oriented specifically toward spring board diving
- 4 hours of pool time each day
- Professional and kid oriented staff
- Ability grouping for all levels
- Great dining hall with tasty food
- One-on-one time with University of Maryland Head Diving Coach
- Above all, we provide a safe environment where divers can have fun and learn!

Proudly sponsored by:



University of  
Maryland

## Terrapin 2009 Summer Dive Camp

July 6-10  
July 20-24

For more information,  
email [Anton@umd.edu](mailto:Anton@umd.edu)



The final day of the camp is  
optional.

Anton Slobounov  
Comcast Center  
Terrapin Trail  
College Park, Maryland 20742

# COACHES

## Anton Slobounov



Head Diving Coach at the University of Maryland. Anton was introduced to the sport of diving at the age of 14 by his father, Sam Slobounov, former USSR head Olympic diving coach. After two years of intense training, Anton was competing at national levels. As a diver, he was raised on textbook fundamentals, purposeful training and comprehensive preparation for the sport of diving. Anton won the Pennsylvania state championship in 2002 and received a full athletic scholarship to UC Irvine. In his diving career for UC Irvine, he set a record of six consecutive Big West Conference championship titles. Over the past 10 years, his aptitude and unique understanding of the sport have helped develop his skills and interests in coaching as well. Slobounov's coaching experience ranges from private individual or group lessons to national clinics for coaches in the sport of diving. He has been the diving coach at Maryland for two seasons. His goals are to help athletes improve their dives, while keeping them safe and motivated.

## Dr. Semyon Slobounov



The former Russian National Head Olympic Diving Coach. His primary responsibilities included: developing and supervising the general strategy of the USSR Olympic Divers preparation for the World Championship and Olympic Games, divers selection for the USSR National Diving Team, dry-land preparation, conditioning, testing and training of the USSR Olympic Divers. He has been contributing to the development of Russian Divers including Olympic Champions Dmitry Sautin and Vera Illina, as well as World Champions. Semyon is currently the Professor of Kinesiology and Medical Rehabilitation at Pennsylvania State University with primary responsibilities to teach Sport Psychology and Athletic Injury courses. He is an author of more than 120 scientific papers, including a chapter in USA Diving Coach Development Reference Manual, and two books with topic focusing on elite European and National Champions over the past 25 years. Over the past 10 years he has been a member of Talent Identification and Technical Committees with USA Diving and served as a Team Leader of the USA National Diving Team to International Meet in Russia, China, Germany and Spain.

# Tuition & Options

**Terrapin Summer Dive Camp offers an ideal blend of technique-based teaching and training.**

**College Park, Maryland, and the campus of the University of Maryland offer the ideal camp setting. The campus offers top-of-the-line facilities in a safe environment.**

### Camp Extras:

- Under Armour T-shirt
- Lunch for all campers
- Terp Accessories

**Our standard camp schedule is from Monday morning through Thursday afternoon.**

**Our optional 5th day, or Friday camp, offers an opportunity for more personalized instruction and diver-specific training.**

**Here is the list of tuition rates, and optional services:**

**Monday through Thursday  
Commuter Camper: \$380  
(10am-4pm)**

**Optional Services:  
Friday Session Commuter Camper: \$80  
(9am-1pm)  
\*Includes lunch**

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## Sign-Up Form

## University of Maryland

Name _____	Price _____
Address _____	
_____	
_____	
Email _____	
_____	
Phone _____	
Method of Payment	
<input type="checkbox"/> Cash	
<input type="checkbox"/> Check	

  

Sign up for:	
<input type="checkbox"/> July 6-9 Commuter Camp	\$380.00
<input type="checkbox"/> Optional Session July 10	\$80.00
<input type="checkbox"/> July 20-23 Commuter Camp	\$380.00
<input type="checkbox"/> Optional Session July 24	\$80.00

  

Total: \_\_\_\_\_

- Cancellation / Refund Policy:**
- Since spaces are limited, full payment is due by June 1, 2009 to reserve your child's space in camp.
  - If you wish to cancel your space in camp after June 1, you will be refunded 50% of your payment.

Cut Here

Terrapin Summer Dive Camp  
Comcast Center  
Terrapin Trail  
College Park, MD 20742  
Phone: 301-314-7030  
Fax: 301-314-9688  
E-mail: Anton@umd.edu

Contact Person:  
Anton Slobounov